



19 September 2016

Dear Parents and Students

We look forward to you participating in our Boot Camp on the 29th of September, in accordance with the Duke of Edinburgh International Awards Programme. It will be a time of fun, excitement and an opportunity to bond with other students. We have put together a schedule of activities, recommendations for clothing and gear to be brought and our expectations for your behaviour.

Schedule of Activities

2:30	Meeting point in DBGS Sand dome
2:35 – 3:30	Changing clothes, homework, snacks and/or after-school activities.
3:30 – 4:30	Sand Dome for basic First Aid training.
4:30 – 5:00	Going through camping gear, pitching tents and using stove demo.
5:00 – 6:00	Pitching tents and using stove practice
6:00 – 8:00	Prepare and enjoy your meal with your group.
8:00 – 8:30	ORB tutorial in Sand Dome
8:30 – 10:30	Team Building Activities
10:30-11:00	Prepare for bed.
6:00 – 7:00	Wake up and prepare breakfast.
7:00 – 7:30	Pack
7:30 – 8:30	Learn Navigation in Sand Dome
8:30 – 9:50	Practise Navigation
9:50 –10:00	Prepare to leave
	Share your adventure with your parents and friends.

Clothes and gear for the boot camp

You should bring your clothes and Boot Camp equipment to school with you on Thursday morning. You can leave it in DBGS senior school building 2nd floor (exam office) during the day and collect it at the end of the day.

Personal Checklist

- Change of clothes + Pyjamas
- Pillow, sleeping bag and mat
- Towel + Soap/Hand sanitizer + Toothbrush and toothpaste
- Lip balm + Insect repellent + Sunscreen
- Medication (if needed – label and give to the chaperones)
- Torch/Head torch
- Sunglasses + Watch
- Personal crockery & cutlery: knife, fork, spoon, unbreakable plate/bowl, mug.

Group Checklist

- Cooking ingredients for dinner such as pasta and sauce, canned food, camping food...
- Breakfast food such as corn flakes, packed pastry, packed croissant....
- Snacks such as energy bars, trail mix, dried fruits....
- Cooking pans/ Cooking utensils
- Scourers + Tea towel
- Can opener
- Plastic bags (for rubbish)

What should I wear?

You need to change into comfortable clothes, for example shorts and T-shirt, track pants etc...please dress conservatively; shorts should be modest – knee length or just above the knee; shirts should have sleeves and not be low cut. You should wear training shoes or other comfortable shoes for walking. Do not wear high heels. For sleeping you may choose to change into pyjamas or may sleep in your clothes. You will not be allowed to sleep shirtless, or in your boxers.

Jewellery/ Valuables

No jewellery please, apart from stud earrings and a watch. Other jewellery will be confiscated. Do not bring valuables to school with you on Thursday.

Mobile phones and electronic games

You will not be allowed to use mobile phones or electronic games during the Boot Camp.

If your parents need to contact the school urgently they can telephone Mrs. Homsy on 0592 000 040 or Mr Hardcastle on 0550 991 799.

Behaviour

The purpose behind the Boot Camp is to give you a new experience and the opportunity to get to know the Duke of Edinburgh International Award experience and work with new people. There will be a number of activities where you will be working with different students. We expect you to be cooperative and try your best.

Students are expected to be on their best behaviour and to be polite and respectful at all times.

Teachers will tell you which parts of the campus you are allowed to go to. Students must not go off limits.

Bed time

We anticipate that bed time will be about 10:30 pm. You are expected to be quiet and go to sleep.

Litter and responsibility for property

We expect to leave the school as we find it – tidy. Each student is responsible for helping to clean up after the campout and make sure that all litter is cleared away. You are responsible for your own things and the equipment you use. Make sure that you look after everything carefully.

The future

We hope that this will be the first of many camps, activities and adventures that you have with the school. A great deal of effort and time has been put into making the Boot Camp possible and we need to make it a success. Try and do your bit to make this a fun evening.

Yours sincerely

Tania Schnetler

Duke of Edinburgh IA Leader & Assessor

Boot Camp

We would like our child to participate in the Boot Camp being organised for Thursday 29 September 2016.

We enclose SR100 to cover the cost of the event and the payment is given to the school accountant, Ms Lisa Watson. We will make arrangements to have our child collected at 10:00 from the school car park on Friday morning 30th of September 2016 and we understand that no care is available for students after this time.

Name of child _____ Class _____

Parent's mobile Number _____

Parent's landline Number _____

Emergency contact name _____ Number _____

If your child has any allergies please provide details here _____.

If your child has to take any medication or has any medical issues that we should be aware of, please indicate here.

Yes No

If yes please give details:

Parent's Signature _____

Name _____

Please note that if your child is collected later than 10.00 am on Friday morning, they may not be permitted to take part in future camps or IA events.

This Form, for security reasons, must be submitted to Ms Novie no later than Wednesday, 21 September 2016. *Late submission will not be accepted.*

